

Pro/Am & Mixed Am ADULT Rhythm Entries

Email: bestdancecomp@gmail.com



WASHINGTON DC
America's Capital in Style *Open*

Studio _____
 Address _____
 City _____
 State _____ Zip _____ Phone _____
 Email _____
 Contact _____

Leader _____
 NDCA # _____ Pro Am Amateur Teacher

Follower _____
 NDCA # _____ Pro Am Amateur Teacher

Single Dance Levels: NW Newcomer BB Beginning Bronze FB Full Bronze BS Beginning Silver FS Full Silver BG Beginning Gold FG Full Gold BaG Beginning Above Gold FaG Full Above Gold
 PB PreBronze AB Advanced Bronze PS PreSilver AS Advanced Silver PG PreGold AG Advanced Gold PaG PreAbove Gold AaG Ad. Above Gold
 IB Intermediate Bronze 1B 1-Dance Bronze IS Intermediate Silver 1S 1-Dance Silver IG Intermediate Gold 1G 1-Dance Gold IaG Inter. Above Gold 1aG 1-Dance Above Gold

SINGLE DANCES		Check all ages that apply to single dances:																									
		A1 (19+)				A2 (25+)				A3 (30+)				B1 (35+)		B2 (40+)		B3 (45+)									
		C1 (50+)				C2 (55+)				C3 (60+)				D1 (65+)		D2 (70+)		D3 (75+)									
Check for Proficiency	Dance	CLOSED LEVELS																									
		Bronze Levels				Silver Levels				Gold Levels				Above Gold Levels													
	pf	Cha Cha	Nw	BB	PB	IB	FB	BS	PS	IS	FS	BG	PG	IG	FG	BaG	PaG	IaG	FaG								
	pf	Rumba	Nw	BB	PB	IB	FB	BS	PS	IS	FS	BG	PG	IG	FG	BaG	PaG	IaG	FaG								
	pf	Swing	Nw	BB	PB	IB	FB	BS	PS	IS	FS	BG	PG	IG	FG	BaG	PaG	IaG	FaG								
pf	Bolero	Nw	BB	PB	IB	FB	BS	PS	IS	FS	BG	PG	IG	FG	BaG	PaG	IaG	FaG									
pf	Mambo	Nw	BB	PB	IB	FB	BS	PS	IS	FS	BG	PG	IG	FG	BaG	PaG	IaG	FaG									
Check for Proficiency	Dance	OPEN LEVELS																									
		Bronze Levels				Silver Levels				Gold Levels				Above Gold Levels													
	pf	Cha Cha	PB	IB	FB	AB	1B	PS	IS	FS	AS	1S	PG	IG	FG	AG	1G	PaG	IaG	FaG	AaG	1aG					
	pf	Rumba	PB	IB	FB	AB	1B	PS	IS	FS	AS	1S	PG	IG	FG	AG	1G	PaG	IaG	FaG	AaG	1aG					
	pf	Swing	PB	IB	FB	AB	1B	PS	IS	FS	AS	1S	PG	IG	FG	AG	1G	PaG	IaG	FaG	AaG	1aG					
pf	Bolero	PB	IB	FB	AB	1B	PS	IS	FS	AS	1S	PG	IG	FG	AG	1G	PaG	IaG	FaG	AaG	1aG						
pf	Mambo	PB	IB	FB	AB	1B	PS	IS	FS	AS	1S	PG	IG	FG	AG	1G	PaG	IaG	FaG	AaG	1aG						
Check for Prof or Open	Dance	OPEN RISING STAR LEVELS																									
		Bronze Levels				Silver Levels				Gold Levels				Above Gold Levels													
	pf op	Cha Cha	Nw	BB	PB	IB	FB	AB	1B	BS	PS	IS	FS	AS	1S	BG	PG	IG	FG	AG	1G	BaG	PaG	IaG	FaG	AaG	1aG
	pf op	Rumba	Nw	BB	PB	IB	FB	AB	1B	BS	PS	IS	FS	AS	1S	BG	PG	IG	FG	AG	1G	BaG	PaG	IaG	FaG	AaG	1aG
	pf op	Swing	Nw	BB	PB	IB	FB	AB	1B	BS	PS	IS	FS	AS	1S	BG	PG	IG	FG	AG	1G	BaG	PaG	IaG	FaG	AaG	1aG
pf op	Bolero	Nw	BB	PB	IB	FB	AB	1B	BS	PS	IS	FS	AS	1S	BG	PG	IG	FG	AG	1G	BaG	PaG	IaG	FaG	AaG	1aG	
pf op	Mambo	Nw	BB	PB	IB	FB	AB	1B	BS	PS	IS	FS	AS	1S	BG	PG	IG	FG	AG	1G	BaG	PaG	IaG	FaG	AaG	1aG	
SOLOS	Dance	Style																Level		Title		Age					
	Any solos you want to dance in the Rhythm Session	Dance																Style		Level		Title		Age			
MULTI-DANCE CHALLENGE	Check all ages that apply to Challenge dances:																										
					A1 (19+)				B (36+)				B1 (51+)				C (61+)		C1 (71+)		D (76+)						
	GENDER NEUTRAL CHALLENGE LEVELS																										
	2-Dance (C/R)		CLOSED BRONZE				OPEN BRONZE				CLOSED SILVER				OPEN SILVER		CLOSED GOLD		OPEN GOLD								
3-Dance (C/R/SW)		CLOSED BRONZE				OPEN BRONZE				CLOSED SILVER				OPEN SILVER		CLOSED GOLD		OPEN GOLD									
5-Dance (C/R/SW/B/M)		CLOSED BRONZE				OPEN BRONZE				CLOSED SILVER				OPEN SILVER		CLOSED GOLD		OPEN GOLD									
GENT'S ONLY CHALLENGES	Check all ages that apply to Gents Only dances:																										
					GA (19+)				GB (36+)				GC (51+)														
GENTLEMEN'S ONLY CHALLENGE LEVELS																											
5-Dance (C/R/SW/B/M)		CLOSED BRONZE				CLOSED SILVER				OPEN GOLD																	
World Dancesport Series CHALLENGES	Check all ages that apply to WDSS dances:																										
					A (19+)				B (36+)				C (51+)														
WORLD DANCESPORT SERIES CHALLENGE LEVELS																											
5-Dance (C/R/SW/B/M)		CLOSED BRONZE				CLOSED SILVER				OPEN GOLD																	
CLOSED SCHOLARSHIPS	Check all ages that apply to Closed Scholarship dances:																										
					A (19+)				B (36+)				C (51+)				SR (71+)										
CLOSED SCHOLARSHIP LEVELS																											
5-Dance (C/R/SW/B/M)		CLOSED BRONZE				CLOSED SILVER				CLOSED GOLD																	
MUST ENTER A MINIMUM OF 10 SINGLE DANCES/SCHOLARSHIP ENTRY																											
OPEN SCHOLARSHIPS	Check all ages that apply to Open Scholarship dances:																										
					A (19+)				B (36+)				C (51+)				D (61+)		SR (71+)								
NDCA RANKING COMPETITION: OPEN SCHOLARSHIP RHYTHM																											
5-Dance (C/R/SW/B/M)		OPEN																MUST ENTER A MINIMUM OF 10 SINGLE DANCES/SCHOLARSHIP ENTRY									

Fees include entry into the Ballroom for the session the competitor is dancing

Entries are due by: 4/1/2026

Send entries with payment to: Best Dance Comp, LLC, 1417 Fryston St, St Johns, FL 32259